

FRIDAY FACTS



Archdiocese of Ottawa-Cornwall, Pastoral Office

February 26, 2021

FROM THE ARCHDIOCESE

Archbishop Damphousse's 2021 Lenten Message: *The Church celebrates the Holy Season of Lent to prepare ourselves for the Easter Mystery. The structure of this holy season with its particular liturgical celebrations, such as Ash Wednesday, the Scrutinies for those seeking entrance to the Church through baptism at Easter, Palm Sunday and the Holy Week liturgies are meaningful and familiar....* To read the full text: <https://en.archoc.ca/current-messages>.

Webinar for Priests: Dr. Caitlin Claggett Woods is a clinical psychologist based out of the Ottawa Institute of Cognitive Behavioural Therapy. In this seminar she will present the symptoms of OCD, with a particular focus on religious-based OCD (scrupulosity) and its treatment. She will provide practical tips to help clergy navigate challenging interactions and offer guidance on how to best support parishioners suffering from this affliction. Following the presentation, there will be an opportunity to ask questions and continue in dialogue. **Fri., Mar. 19, 1:30-3:00 pm** by Zoom (will be recorded and available for priests). To register, please email abrown@ArchOttawa.ca.

Rite of Election: Parishes with catechumens who have celebrated the Rite within their parishes, please forward the names of the Elect to Pastoral Services (abrown@archottawa.ca) by the end of February. An insert with the names will be prepared for the Book of the Elect, which Archbishop Damphousse will sign. Also, please let us know if we have permission to list the first names of the Elect on our website. An adaptation to the Rites for celebrating the **Scutinies with the Elect** is available in the Clergy Portal under RCIA (<https://en.archoc.ca/rcia>).

Parishes Livestreaming/Recording of Masses: A list of parishes in the Archdiocese that are regularly livestreaming or recording Masses is available on our website at <https://en.archoc.ca/masses-online>. For the **Sacrament of Reconciliation** during Lent, please contact your local parish or visit their website: <https://en.archoc.ca/parishfinder>.

Lenten Resources on Diocesan Website: Visit the [Lent section](#) and find information on [online retreats](#); [ideas for families](#); [videos](#); [Catholic Bishop's Journey Through Lent](#); [messages](#). Regularly updated.

Death of Father Guy Larouche, Missionary of Africa, at the age of 80: Father Guy Larouche, Missionary of Africa (White Father), died at CIUSSS du Saguenay-Lac-St-Jean, Hôpital de Chicoutimi, QC, on February 11, 2021. Father Larouche lived on Argyle St., Ottawa from 1993 to 2004 where he was the Bursar for the White Fathers. He spent many years as a missionary in Uganda. The funeral was held on Feb. 20, 2021. Please remember Fr. Guy Larouche and his family in your prayers.

PRO-LIFE

Expansion of MAID Poses Danger to the Disabled and Mentally Ill: The Senate has amended Bill C-7. If these amendments pass the House of Commons, it will make it much easier for vulnerable Canadians to access assisted suicide and euthanasia putting them at increased risk. The amendments are: 1. Allowing people to write advance



Christ is everything for us.

"Lord, to whom can we go?

You have the words of eternal life".

John 6.68

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directives that require euthanasia to be administered if they are sick or disabled and lose the ability to make their own medical decisions. 2. Removing the restriction on euthanasia for people whose primary diagnosis is mental illness. This change will automatically take place 18 months after the Bill is passed. The Senate's amendments will soon be sent back to the House of Commons for approval. Please register your concern to your Member of Parliament by using the following link from the Coalition for Healthcare and Conscience: canadiansforconscience.ca

VOCATIONS

Prayers for Vocations: Third Sunday of Lent – March 7: For those considering a call to the priesthood or consecrated life, that they will answer the call and proclaim Christ crucified, we pray to the Lord.

SENIORS

Senior's Ministry Presentations: The Diocesan Steering Committee of the Senior's Ministry would like to meet parishioners interested in exploring a focus on parish seniors and caregivers, by Zoom. For further information: pmarsdendole@archottawa.ca.

SOCIAL JUSTICE

Share Love, Share Lent Online Activities: Join Development and Peace each week of Lent to explore different aspects of our mission, featuring partners from Nigeria, Caritas Bangladesh, Honduras, as well as Bishop Goudreault and Karri Munn-Venn of Citizens for Public Justice. More info & registration forthcoming for national THINKfast, Solidarity Sunday Mass & Good Friday Way of the Cross. <https://www.devp.org/en/region-events/sharelent2021> and register in advance. Webinars recorded. Info: Stefany Dupont, sdupont@devp.org.

CARE FOR CREATION

Preparing for the 7-Year Journey: During this *Special Anniversary Year of Laudato Si'*, the Dicastery for Promoting Integral Human Development has launched an Action Platform that includes all dioceses and parishes. The program calls us to begin a 7-year journey towards total sustainability in the spirit of *Laudato Si'*. To learn more about the program, [click here](#). John Dorner, Coordinator of Care for Creation Ministry, will be contacting parishes in 2021, inviting them to participate in the 7-year journey of integral ecology. As stated by the Dicastery, "we hope to arrive at a 'critical mass' needed for radical societal transformation invoked by Pope Francis in *Laudato Si'*." Further information: John Dorner (jdorner@archottawa.ca).

FAMILY, YOUTH & YOUNG ADULTS

'By My Side Program' for Separated and Divorced Catholics: Virtually via Zoom. The program, led from a Catholic faith exploration perspective, is designed to help participants find reconciliation, peace and healing by taking positive steps in their daily spiritual life. The six-week sessions begin **Sat., Mar. 27**. Registrants will receive a private link to join. Women: 9:00 – 11:00 AM. Men: 12:00 – 2:00 PM. Info & registration: www.bymyside.ca or on Facebook at: facebook.com/bymysideott or contact Mary Jane Manley at (613-294-1308). The cost is \$40.

FROM THE CCCB

New Video Series for Lent 2021: *Journey through Lent* offers an introduction to the Season and reflections on Gospel readings of each Sunday in Lent. Each Monday, the link for the upcoming Sunday celebration will be released [in English](#) and [in French](#). Further info: Mrs. Margaret Shea-Lawrence, at m.shea-lawrence@cccb.ca.

FROM THE HOLY SEE

Lenten Message of Pope Francis: "Behold, we are going up to Jerusalem" (Mt 20:18). Lent: a Time for Renewing Faith, Hope and Love. *Dear Brothers and Sisters, Jesus revealed to his disciples the deepest meaning of his mission when he told them of his passion, death and resurrection, in fulfilment of the Father's will. He then called the disciples to share in this mission for the salvation of the world....* Full message at [Lent 2021-Pope Francis](#).

Pope's Prayer Intention for March: Let us pray that we may experience the sacrament of reconciliation with renewed depth, to taste the infinite mercy of God.

FAITH FORMATION

Women's Morning of Reflection: The talk is entitled "Living Water, Christ's Encounter with the Samaritan Woman". **Sat., March 6 from 9 am till noon** at the Agora Centre, 301 McConnell Ave., Cornwall, for Mass, confession, breakfast, a talk and the rosary. All Covid requirements are in place. For any inquiries please contact Heidi Krol 613-347-7561 or Marilyn Light 613-537-2021. A free will offering of \$5 is appreciated.

Information Sessions at Saint Paul University: Throughout the week of **March 1-5**, Saint Paul University is inviting you to discover their programs, services and community. An opportunity to chat one-on-one with professors, admission officers and current students. Visit ustpaul.ca/DiscoverSPU for more information.

PRAYER & WORSHIP

World Day of Prayer: Knox St. Paul's United Church, Cornwall is hosting this year's World Day of Prayer, **Fri., Mar. 5, 12:01 pm**. World Day of Prayer is a prayer movement that invites us to enrich our faith experience of Christians from other countries and cultures and to bring hope to women touched by injustice. We will be celebrating and embracing the women of Vanuatu, an island located in the South Pacific Ocean. The focus will be on Matthew 7:24-27, *Build on a Strong Foundation*. The World Day of Prayer Service will be available to view on the Knox-St. Paul's Facebook Page at *Knox-St. Paul's United Faith Community* or our YouTube Channel at *Knox-St. Paul's United Church*. Info: Kim Baird, WDP Area Coordinator (613-933-5851).

OTHER CATHOLIC EVENTS

Knights of Columbus launch documentary films on life and legacy of founder Blessed Michael McGivney: Two new documentaries are now available to inspire Canadians, part of the global movement to hasten Blessed Michael McGivney's elevation to sainthood. Visit fathermccgivney.org/en/media/blessed-mccgivney.html.

SCHOOLS

Bibles, statues & rosaries - St. Vincent de Paul Thrift Stores: In partnership with Ottawa Catholic School Board, the Ottawa SSVP Thrift Stores are gathering religious items and making sure they find a new home in local English Catholic Schools. Drop off: weekdays, 9:00 am – 4:00pm, 1273 Wellington St. W. & 1620 Merivale Rd. Info: saintvincentdepaul.ca/contact-us.

PARISH SOCIAL EVENTS

Leapin' Leprechaun Take Out Dinner at Our Lady of the Visitation Parish: Roast pork dinner with potatoes, vegetables, coleslaw, beans, and Chocolate Poke Cake dessert. **Sun., Mar. 14, 3:00 – 6:00 pm**. Prepaid orders: \$22.50; children 10 & under \$10. Tickets from Claudette 613-822-2007 or events@olvottawa.ca. 5338 Bank St.